

April 2010



ANN ARBOR WOODS

2167 Medford Road • Ann Arbor, MI 48104



Spring.



Your Staff

Brandon Fanelli
Resident Manager

Janene Reid
Leasing Consultant

Matt Badics
Maintenance Supervisor

Ken Pillsbury
Amen Isreal
Maintenance Technicians

Nick Meyer
Groundskeeper

Important Numbers

Office: (734) 971-3101
Fax: (734) 971-8443
Maintenance Requests M-F 9-5:
(734) 971-3101
24 Hours Maintenance Emergency:
(734) 786-4344
Ann Arbor Police:
(734) 994-2853
Fire, Police, Emergency: 911

Office Hours

Monday - Friday
8:30 a.m. - 5:30 p.m.
Saturday - 10 a.m. - 4 p.m.
Sunday - Closed

Resident Services

Did you know you can make faxes and get copies in the leasing office for free? Just swing by the office during business hours and we will be happy to help out.

Guests in Town?

Do you have family or friends visiting from out of town? For a similar price to a fancy hotel room, your guests can stay in style right here at Ann Arbor Woods! Our model apartment, an 850 square foot, two bedroom home, can be rented out for only \$75 a day. We provide a great home-style environment with linens and kitchen utensils provided. See the office for details.

Open House Referral

Ann Arbor Woods is hosting an Open House at our community on Sat. April 10, from 11 a.m. to 3 p.m. If anyone you know comes and applies that day and says that YOU referred them you will get a \$500 referral coupon after they move in! Help us and we'll help you.

Flower for Peace

The "Peace" rose—a pale yellow rose, tinged with pink—debuted at the Pacific Rose Society's spring show on April 29, 1945, the day Berlin fell to the Allies. Introduced in the United States by the Conard-Pyle Co., it was cultivated from a cutting sent from Frenchman Francis Meilland, who developed the original hybrid in 1935.

Seasonal Selections for April

Our alphabet is full of delicious selections. Be sure to fill your kitchen with some of these tasty choices of the season:

- A** is for: Apricots, artichokes and avocados
- C** is for: Carrots, chives and collards
- M** is for: Mangos, morels and mustard greens
- S** is for: Spinach, strawberries and snow peas

Budget Tip

If it seems like you're eating through your paycheck every month, it might be time to take a look at what you're buying. Dining out is one of the main causes of personal debt. If you're like most people, the usual excuse is "I don't have time to cook." However, by planning a weekly menu and shopping for the things you'll need, cooking dinner takes less time than eating at a restaurant, not to mention it's much more affordable. Your stomach—and your wallet—will thank you.

Bumper Sticker Snicker

You know you're getting older when "happy hour" is a nap.





Breezy.



Wit & Wisdom

“Earth laughs in flowers.”
—Ralph Waldo Emerson

“You can’t be suspicious of a tree or accuse a bird or a squirrel of subversion or challenge the ideology of a violet.”—Hal Borland

“Man must feel the earth to know himself and recognize his values.”
—Charles A. Lindbergh

Community Corner

Although we’re a pet-friendly community, part of your responsibility in owning a pet means cleaning up after it. Please be courteous and don’t leave a surprise for someone else’s shoes to find. If you see one of your neighbors not picking up after their pet, please contact the office and report it to us so we can charge the responsible party. As with all complaints your name and address will be kept confidential and anonymous (by the way, a big “thank you” to many, many responsible residents we see walking their pets with bags in hand. We appreciate you very much!

Smokers, please remember your lease says you agree to smoke only in your apartment! Cigarette butts have been popping up on the ground around the community, and that prevents us from looking our best! Make sure you dispose of cigarette butts properly. Thanks!

Washers and dryers in the community actually belong to Coinmach. We are not authorized to repair or service these items or refund lost money. If the washer or dryer breaks down, you must call 1-877-264-6622 for service. You can also make a request online at www.coinmach.com/servicerequest. Make sure you’ve got the six digit/letter code of the washer and dryer for their reference.

Please remember to put trash in the dumpsters and not next to them. Garbage around the dumpsters is not only unsightly, it can pose a health hazard and attract unwanted pests. If you notice garbage around the dumpsters or that the dumpsters are filling up well before trash pickup day, let us know in the office. Help us keep the trash areas safe and clean.

Community Farms Bring Food Closer to Home

As the local food movement takes off, Community Supported Agriculture (CSA) is becoming more popular. One type of CSA is a farm with members who pay for a share and receive produce and other items (meat, eggs, honey, etc.) in return. Some of these farms require members to work the land alongside the farmer; others ask only that members pick up their boxes of goodies on a certain day and time.

Knowing a food’s source is becoming more important as issues such as food-borne illness become more widespread. Also, as gas prices increase, so do food prices. (The average vegetable travels 1,500 miles from farm to table.) Knowing how food is grown and by whom can alleviate both food safety and cost concerns.

Not only does buying locally help consumers, but it also helps farmers. Community-supported farms provide farmers with a reliable income. They can then spend more time growing their products, rather than figuring out how to sell them.

Of course, the partnership between consumers and farmers means members share some of the farmers’ risks. After all, farmers encounter countless setbacks during the growing season. Any of these problems can affect the amount of food CSA members receive. If you decide to join a CSA farm, learn what to expect. Check out the advice offered at www.LocalHarvest.org and view a database of more than 3,000 CSA members, plus read newsletters and member blogs.



Warming up.



Chocolate Peanut Butter Dip

Ingredients:

- 1/3 c. low-fat plain yogurt
- 2 T. chocolate syrup
- 1/4 c. creamy peanut butter
- 4 c. fresh fruits and vegetables cut in easy-to-dip shapes (such as carrot and celery sticks and sliced cucumbers, apples and pears)
- 1 t. chocolate or colored sprinkles (optional)

Directions:

In a medium-size bowl, beat yogurt and chocolate syrup with electric mixer on medium speed until well-blended.

In a microwave-safe bowl, heat the peanut butter at 70-percent power for one minute or until melted. Stir after the first 30 seconds. Using oven mitts to hold the bowl, pour the melted peanut butter into the chocolate yogurt mixture and stir until smooth.

Serve with fruits and vegetables. Dribble dipped treats with candy sprinkles, if desired.

Source: The National Peanut Board. For more recipes, visit www.NationalPeanutBoard.org.

The Golden Arches

Barbecue purists stuck up their noses in 1981 when McDonald's introduced the McRib sandwich—a preformed pork patty covered with sauce. Perhaps they would have been more open to the idea had they known the fast-food giant started as a barbecue joint. As the anniversary of the company's first franchise approaches—April 15, 1955—chew on a few other tidbits about the Golden Arches:

- McDonald's is named after Dick and Mac McDonald. Ray Kroc bought out the brothers in 1961 for \$2.7 million.
- Denver opened the first McDonald's with indoor seating in 1962.
- The original mascot was Speedee. Ronald McDonald replaced him in 1963.
- The company introduced the Big Mac in 1968. It cost 49 cents.
- The Happy Meal made its debut in 1979.



Blossoms.



April Is ...

National Occupational Therapy Month

Alcohol Awareness Month

Couple Appreciation Month

Jazz Appreciation Month

National Decorating Month

National Donate Life Month

National Humor Month

National Kite Month

National Pecan Month

National Poetry Month

Physical Wellness Month

Stress Awareness Month

Showers.



Blooming.



Holiday ABCs for April

- F** is for Fans with school spirit
- I** is for Ignoring pregame jitters
- N** is for National champion hopefuls
- A** is for Assists and rebounds
- L** is for Learning from mistakes

- F** is for important Free throws
- O** is for Optimistic attitudes
- U** is for Unyielding faith
- R** is for Reveling in victory

3 Things You Need to Know

- 1) Rubbing alcohol removes the dull haze from mirrors.
- 2) A pencil eraser removes scuff marks on floors.
- 3) A ruler wrapped with a cloth cleans dust from blinds.

Environmental Advice

When you cook vegetables, try to conserve water. Steam the veggies instead of boiling them, which can save at least 1 quart of water. Another option is to rinse the vegetables before placing them in a covered bowl and microwaving the dish.

Thought for the Month

“Give advice; if people don’t listen, let adversity teach them.”—Ethiopian proverb

Laugh It Up

In April, we celebrate National Humor Month. A good laugh can help reduce stress, lower blood pressure, elevate mood, boost the immune system and make you feel good. Studies also show a good sense of humor may help prevent heart disease and heart attacks. Some ways to expand your sense of humor include: look for absurd or silly activities that go on around you each day, increase your exposure to comedies and comic sitcoms, take a few minutes each day to read joke or humor books, and remind yourself to have fun every day.

Put Aside Your Differences

Reconciliation Day, April 2, is an opportunity to forgive and forget.

“It is good to realize that if love and peace can prevail on earth, and if we can teach our children to honor nature’s gifts, the joys and beauties of the outdoors will be here forever.”—Jimmy Carter

Sun	Mon	Tue	Wed	Thu	Fri	Sat
April 2010				1 Rent Due Thank You!	2	3 Easter Party 10 a.m. - 12 p.m.
4	5	6 Rent is Late	7	8	9	10 Open House 11 a.m. - 3 p.m.
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	



Renewal.