



PINE VALLEY

1521 Pine Valley Blvd. • Ann Arbor, MI 48104



BULLETIN BOARD

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May 2010



NOTES & NEWS

Flower Giveaway:

April Showers Bring May Flowers!

The time has come once again for our annual May flower giveaway! Bring a flower pot to the office on Friday, May 7, and we'll provide the flowers.

So that we can have an idea of how many flowers we'll need to bring, please email Mike at lc@pinevalleyapartments.com to let us know you plan to stop by, or give us a call. We look forward to seeing you!

Coming Early June

Start getting ready for June: we'll be having our annual garage sale again in mid-June. Watch for June's newsletter for details!

Go for Locally Grown Produce

Next time you need to purchase produce, consider the local farmers' market instead of the grocery store. Fruits and veggies grown locally have fewer costs associated with transportation. That translates to good news for your wallet and the environment, too.

HIGHLIGHTS

Create a Cozy Living Space

Real Simple magazine offers this tip from Maxwell Gillingham-Ryan, author of "Apartment Therapy": "People often try to get the room they want by moving stuff to the edges." He says that arrangement "kills warmth." To enliven the space, he suggests moving together a sofa, chair and small coffee table into a sociable triangle formation.

Remember Mom This Month

Take time on May 9 to honor mom on Mother's Day.

Asthma and Allergy Awareness Month

For many, May means spending time outdoors and enjoying beautiful spring weather. For others, it means watery eyes, sneezing, coughing and clogged nasal passages. If you have these symptoms but haven't been diagnosed with a cause, talk to your doctor about being tested.

3 Things You Need to Know

Wrap celery in aluminum foil to keep it fresh for weeks.

Underinflated tires on your car can reduce tread life by as much as 25 percent.

Insert 10 grains of uncooked rice in the bottom of a salt shaker to help salt flow more freely.

Office Closed May 31

In honor of Memorial Day, the office will be closed on May 31.

Important Numbers

Leasing Office (734) 971-5210
Fax (734) 971-0114
Emergency Maintenance (734) 786-4355
Fire, Police, Emergency 911
Coin Mach. (877) 264-6622

Office Hours

Monday-Friday 9:00 a.m.-6:00 p.m.
Saturday 10:00 a.m.-4:00 p.m.
Sunday Closed



Horse Play

There will be no horsing around May 1 in Louisville, Ky., as owners, trainers and jockeys get serious about the 136th annual Kentucky Derby. Here are a few facts you may not know about the first gem in horse racing's Triple Crown:

- **Open for business.** Aristides, a 3-year-old colt, won the first Derby on May 17, 1875.
- **Maximum horse-power.** In 1907, the facility allowed auto races onto the track.
- **Bet on it.** The track lowered the minimum wager on a race from \$5 to \$2 in 1911.
- **Sounds good.** New York Journalist Bill Corum coined the phrase "run for the roses" in 1925.
- **Derby dish.** Burgoo, a thick stew of lamb or other meats, plus beans and veggies, is popular on race day.



THE 1-MINUTE CHEF



Scrumptious Sweet Potato Squares

Ingredients:

- 1 c. all-purpose flour
- 1/4 c. plus 2/3 c. confectioners' sugar
- 1/3 c. chopped pecans
- 7 T. margarine
- 1 8-ounce package fat-free cream cheese

- 1 8-ounce container fat-free, frozen whipped topping, thawed and divided
- 2 15-ounce cans sweet potatoes, drained, or 2 c. fresh sweet potatoes, cooked and cut into chunks
- 1/4 c. sugar
- 1/2 t. ground cinnamon

Directions:

Preheat oven to 350° F. In large bowl, combine flour, 1/4 c. confectioners' sugar, pecans and margarine. Press into bottom of 13- x 9- x 2-inch baking pan. Bake 20 minutes. Set aside to cool. In mixing bowl, mix cream cheese and 2/3 c. confectioners' sugar until creamy. Fold in 3/4 c. whipped topping. Spread cream cheese mixture over cooled crust. In mixing bowl, beat sweet potatoes, sugar and cinnamon until smooth. Spread over cream cheese mixture. Smooth on the remaining whipped topping. Refrigerate.

For more recipes and cooking tips, visit the Louisiana Sweet Potato Commission's web site, www.SweetPotato.org.



GOOD WORKS

Foundation's Focus Is Cleaning for Cancer

Between things such as work, school, practices, PTA meetings, taking care of their families and their homes, many women already feel pressed for time when it comes to juggling responsibilities. Cancer doesn't discriminate, however, and hundreds of thousands of women with packed schedules face the burden of handling "life" while battling cancer. Thankfully, a newly formed nonprofit dedicated itself to easing the hassles of daily life for female cancer patients, providing a bit of relief for these women.

The Cleaning for a Reason Foundation understands that life doesn't stop when a woman receives a cancer diagnosis. The group's organizers know that having help



with those responsibilities can positively impact her as she faces both emotional and physical hurdles.

Cleaning for a Reason provides that support by offering free, professional housecleaning assistance to women undergoing cancer treatment. With a doctor's confirmation of her condition, a female cancer patient can request the aid of a participating local business. Then, when chemotherapy and radiation zap her energy, a team of cleaning experts steps in to provide the needed relief.

If you, or someone you know, is currently fighting a battle with cancer and could benefit from the foundation's housecleaning aid, get details at www.CleaningForAReason.org.



Don't Let a Limited Budget Spoil Your Summer Vacation Plans

Your annual summer migration to a favorite getaway might be tradition, but financial worries may have you concerned that your yearly ritual is out of reach. If you're searching for ways to pinch pennies, know that nearly every vacation plan has some aspects you can tweak to save cash.

Review every avenue. Today's fluctuating gas prices may mean that traveling by train or bus is less expensive than packing up the car. Whatever alternative you choose, make sure you add all fees and service charges to the final cost of each transportation carrier you consider so you can compare total charges and make accurate assessments.

Plan for provisions. At the very least, pack nonperishable snacks and drinks. Also, look for lodging with a kitchenette. While such accommodations may be more expensive up front, you will save money by not having to eat out at every meal.

Ask, ask, ask. When you make reservations, ask whether discounts or incentives are available. If you are traveling with children, look for family-friendly offerings, and be sure to inquire whether hotels or amusement parks offer discounts for members of organizations to which you belong, such as AAA or AARP.

Assess your destination. Finally, one of the easiest ways to save money on your summer vacation is *not* to go in the summer. If that alternative is not available to you, consider rethinking your destination. For example, while the beach may have always been a summer standby, this year, opt for a nearby lake or amusement park.

8 Ways You Can Reuse the News

Before you toss your newspaper in the recycling bin, consider all the ways you could put yesterday's news to good use. Here are some options for repurposing your old papers:

1) Window washing. Use a few pages to wash windows, mirrors and other glass surfaces. Simply spray with solution and wipe surfaces clean.

2) Paper packer. If you are mailing a package and need extra cushioning to protect your object, wad up some newspaper and stuff it around your breakables.

3) Odor eliminator. Place a few pages in the bottom of your kitchen trash can before you put in a new trash bag. The newspaper will reduce smells and absorb any spills from a leaky liner.

4) Peeling pal. Before you make a mess in the kitchen peeling potatoes, carrots or other vegetables, lay out some newspaper on the countertop. After peeling, just pick up the paper and toss for easy cleanup.

5) Moisture reducer. Line the crisper drawers in your refrigerator with newspaper to absorb moisture and eliminate odors.

6) Ripening resource. Wrap immature fruits or vegetables in several layers of newspaper to speed the ripening process. The newspaper traps ethylene gas, which the produce emits, encouraging it to ripen more quickly.

7) Footwear fix. To dry out wet shoes, stuff them with crumpled newspaper. The paper will help absorb dampness, and they will dry faster.

8) Storage solution. Stuff decorative boxes and luggage with newspaper before putting them into storage to eliminate musty smells and absorb moisture.



"They fell, but o'er their glorious grave, floats free the banner of the cause they died to save."—*Francis Marion Crawford*

"On thy grave the rain shall fall from the eyes of a mighty nation!"—*Thomas William Parsons*

"Although no sculptured marble should rise to their memory, nor engraved stone bear record of their deeds, yet will their remembrance be as lasting as the land they honored."
—*Daniel Webster*

"The legacy of heroes is the memory of a great name and the inheritance of a great example."
—*Benjamin Disraeli*



May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						Rent Due 1 Thank You!
2	3	4	5	6 Rent Late	7 Flower Giveaway!	8
9 	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31 31st: Memorial Day Office Closed	25	26	27	28	29

"This Month In History" MAY

1792: Twenty-four brokers meet under a tree on Wall Street in New York, signing the "Buttonwood Agreement" and establishing the New York Stock Exchange.

1872: Victoria Woodhull becomes the first woman nominated for president of the United States.

1885: The first issue of Good Housekeeping magazine goes on sale.

1897: Irish author Bram Stoker publishes his classic horror fiction novel, "Dracula."

1904: Boston Red Sox's Cy Young pitches the first perfect game in the modern era of baseball against the Philadelphia Athletics.

1916: The Saturday Evening Post publishes its first cover featuring a Norman Rockwell painting.

1930: Ellen Church becomes the first airline stewardess on a flight from Oakland to Chicago.

1933: The first modern-day sighting of the Loch Ness Monster is reported when a couple spots

the creature while driving around the large loch.

1954: Sir Roger Bannister is the first to run a mile in less than 4 minutes: 3 minutes, 59.4 seconds.

1962: Marilyn Monroe sings her infamous rendition of "Happy Birthday" to President John F. Kennedy.

1992: After 30 years, Johnny Carson is host of "The Tonight Show" for the last time.

1998: The finale of the hit TV show "Seinfeld" airs with 76 million viewers tuning in.