

June 2009



# THE ESSEX AT HAMPTON



## Welcome New Friends

There are some new faces in the community! We would like to take this opportunity to welcome all our residents who have moved in recently. We want you to feel at home, so please call the office if you have any questions or need assistance.

## Happy Father's Day

We would like to wish all the fathers in our community a happy Father's Day. We hope you take some time on Sunday, June 21st, to enjoy the company of your family.

## After Hours Drop Slot

If you missed us during normal business hours, we have a drop slot by the office for your convenience. Deposit your rent payment, keys, or other deliveries in the slot for our attention the next business day. If what you need to get to us won't fit in the drop slot, please make arrangements to get it to us during normal business hours. Do not leave anything outside the office door. Thanks!

## It's Summer!

It's officially here! June 21st is the first day of summer. Hope it's a great one for you!

## Thank You For...

- Not hanging clothes or towels outside your apartment.
- Putting all trash in the dumpster, not next to it.
- Keeping your pet on a leash and picking up after your pet.
- Driving carefully and especially watching for children!
- Making sure your children play in the appropriate play areas.

## Buggy Company

Those persistent, irritating bugs. You'd think they'd get the message that they're not welcome in people's houses, but no such luck. If unwanted bugs are making themselves at home in your apartment, call the office and we will add your apartment to the pest control schedule.

## Salute To The Flag

"You're a grand old flag,  
You're a high flying flag,  
and forever in peace may you wave."

- George M. Cohen

June 14th is Flag Day, a time to commemorate the day in 1777 when the Continental Congress adopted the Stars and Stripes as the official flag of the United States. Here's a salute to Old Glory and the principles of freedom and democracy she represents!

## Use Provided Storage Space

Please do not use the hallways, patios or balconies for storage areas. Each apartment has adequate closets and storage space for most belongings. If you have storage problems, please call the office.

# Treasures. Fun.



### Your Staff

*to serve you...*

Scott Snow  
Residential Manager

David Klein  
Maintenance Supervisor

### Important Numbers

#### Office:

(248) 852-7500

#### Emergency Maintenance:

(248) 852-7500

Fire, Police, Emergency: 911

### Office Hours

**Monday, Tuesday, Thursday, Friday**

9:00am - 6:00pm

#### Wednesday

9:00am - 7:00pm

#### Saturday

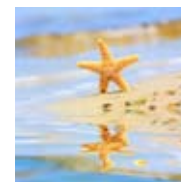
10:00am - 4:00pm

#### Sunday

Closed

### Address

64 Village Circle Drive  
Rochester Hills, MI 48307





# Sandcastle.



## Words in Words

You can sometimes make words using the letters in a larger word. For example, from the word "tube" you can make "be," "bet," "but," and "tub." Now onto a harder one: how many words can you make from the words "granola bar"? (Hint: we found 54.)

Answers: Ago, along, an, analog, angora, arbor, argon, baa, bag, ban, banal, bang, bar, barn, baron, boa, boar, bog, born, brag, bran, gab, gala, gar, garb, glob, gnarl, go, goal, gob, grab, groan, lab, labor, lag, lob, log, long, nab, nag, no, not, oar, on, oral, orb, organ, rag, raglan, ran, rang, roar, rob.



## Got Game?

If you are relaxing with friends or even planning a road trip this summer, you are probably searching for ideas to help pass the time. Below are some fun games that can be played with friends and family.

### Travel Games

Most board games even come in travel sizes. You might check the thrift stores in your area. You can find everything from Monopoly Junior to memory games and even an electronic Wheel of Fortune game.

### Find It Games

When traveling write the letters of the alphabet on index cards. Deal them out to everyone. Search for words starting with those letters on billboards or simply things out the window starting with those letters. The first one to go through all his cards is the winner.

### License Plates Games

Start by naming all the states in the U.S. This can be harder than it seems! Keep a list handy and every time a license plate from a state is spotted, mark it off. Try to complete your list before your trip is over. Finding Alaska and Hawaii will be extra special.

### Category Games

Pick a category. For example, you might choose cities, presidents, flowers, sports, or movie stars. Each player has ten seconds to name something that fits into that category. Continue playing until only one player is left. That person picks the category for the next round.

### Never Ending Story

The first person begins this game by saying, "Once upon a time. . ." and then adding a sentence. The next person continues the story by adding a sentence or two. This can continue as long as you like.

## Green Living Tip

According to a Danish study of allergens, after nickel, fragrances were the second most common cause of allergic contact dermatitis, which is inflamed skin. Over the last decade, fragrance sensitivities in dermatitis patients have increased up to 13 percent. These substances can also cause allergic reactions when inhaled. If you are sensitive to these substances, you can help alleviate your exposure. Experts recommend looking for fragrance-free products, double-rinsing all detergents, avoiding fabric softeners, and avoiding perfumes, colognes, aftershaves, fingernail-care products, and hairspray.

## An Extreme Trivia Quiz

Records are made to be broken, but some of these records will last a long, long time. Try your hand at this trivia quiz and test your knowledge of the longest, fastest, biggest, and best!

1. What animal has the largest heart of any land animal as well as the highest blood pressure?
2. What land animal has the largest eyes?
3. Per square inch, what is the strongest muscle in your body?
4. What mineral is the hardest substance known?
5. How long is an elephant's gestation period?
6. What is the largest animal to ever have existed on Earth?
7. What is the loudest animal on Earth?
8. Who has the largest fleet of trucks in the world?
9. What is the largest amount of money in coins you can have without being able to make change for a dollar?
10. Jupiter is the largest planet. What is the second largest?

1. The giraffe. 2. The blue whale. 3. Your tongue. 4. Diamond. 5. 22 months. 6. The blue whale. 7. Also the blue whale. 8. Coca-Cola. 9. \$1.19 (3 quarters, 4 dimes, and 4 pennies). 10. Saturn.



## Summer Milkshake Recipes

### Red, White & Blue Milk Shakes

- 1 quart strawberry ice cream
- 1 cup milk
- 1/2 cup strawberry preserves
- 1/4 cup frozen whipped topping, thawed
- 1/4 cup fresh blueberries, washed

Combine the ice cream, milk, and strawberry preserves in a blender. Blend until well combined. Pour into glasses, top with whipped topping and blueberries.

### Mocha Mudslide Milkshake

- 1 cup milk
- 2/3 cup sliced ripe bananas
- 2 Tbsp sugar
- 1 tsp instant coffee
- 1/4 cup vanilla low-fat yogurt

Place the milk, banana, sugar and coffee granules in a blender and blend until well combined. Freeze in a blender container for 1 hour or until slightly frozen. Loosen frozen mixture from the sides of blender container, add yogurt and blend until smooth. Garnish with banana slices.

## River Trivia

- The longest river in the world is the Nile River in Africa, followed by the Amazon in South America.
- The world's shortest river is the Roe River, which flows between Giant Springs and the Missouri River near Great Falls, Montana, and is only 200 feet (61 meters) long.
- The Salto Angel Waterfall on the upper tributary of the Rio Caroni in Canaima National Park in Venezuela, is the highest waterfall in the world at 3212 feet (979 meters).
- The waterfall with the largest volume is Inga Falls on the Congo River in Africa.
- The Darling River in Australia is that continent's longest river and is mostly dry in the winter.
- More than 30 bridges span the Seine River which flows through the heart of Paris.
- The muddiest river in the world is the Hwang Ho in China.
- Recently, divers discovered the world's longest underground river, twisting and turning for 95 miles (153 kilometers) through limestone caverns on Mexico's Yucatan Peninsula.

## Sand. Seastars.



## Ocean. Coast.



- Child Vision Awareness Month
- Children's Awareness Month
- Dairy Month
- Effective Communications Month
- Fireworks Safety Month
- Great Outdoors Month
- International Men's Month
- National Accordion Awareness Month
- National Candy Month
- National Iced Tea Month
- National Rivers Month
- National Rose Month
- National Safety Month
- National Steakhouse Month
- Professional Wellness Month
- Rebuild Your Life Month
- Student Safety Month
- Turkey Lovers' Month
- Vision Research Month

# Sea. Breeze.



Intelligence is not to make no mistakes, but quickly to see how to make them good.  
- Bertolt Brecht

Intelligence is really a kind of taste: taste in ideas. - Susan Sontag

An intellectual is a person whose mind watches itself. - Albert Camus

The test of a first rate intelligence is the ability to hold two opposed ideas in the mind at the same time, and still retain the ability to function. - F. Scott Fitzgerald

Progress comes from the intelligent use of experience. - Elbert Hubbard

## June is National Rose Month

- The writings of Shakespeare refer to roses more than 50 times.
- To get one ounce of essential oil of rose, it takes 4,000 pounds of rose petals.
- The rose is native to the U.S.
- About 60 percent of the roses grown in the United States are produced in California.

## Bumper Sticker Humor

- Apart from the unknowns, everything is obvious.
- If at first you don't succeed, don't try skydiving.
- What happens if you get scared half to death twice?
- If the shortest distance between two points is a line, why does waiting in line take so long?

## Bill Cosby on Fathers

Fathers are the geniuses of the house because only a person as intelligent as we could fake such stupidity. Think about your father—he doesn't know where anything is. You ask him to do something, he messes it up and your mother sends you, "Go down and see what your father's doing before he blows up the house." He's a genius at work because he doesn't want to do it, and he knows someone will be coming soon to stop him.




If the new American father feels bewildered and even defeated, let him take comfort from the fact that whatever he does in any fathering situation has a fifty percent chance of being right.

Nothing separates the generations more than music. By the time a child is eight or nine, he has developed a passion for his own music that is even stronger than his passions for procrastination and weird clothes.

My childhood should have taught me lessons for my own fatherhood, but it didn't, because parenting can only be learned by people who have no children.

We are what we repeatedly do. Excellence, therefore, is not an act but a habit.

- Aristotle

sun	mon	tue	wed	thr	fri	sat
	1 Rent Due Thank You!	2	3	4	5	6 Late Charge Assessed
7	8	9	10	11	12	13
14 Flag Day 	15	16	17	18	19	20
21  Summer Begins	22	23	24	25	26	27
28	29	30	2009 june			



# Summer. Relaxing.